

Hinesburg Recreation Department

WINTER 2011-2012

Program Guide



Hinesburg Winter Carnival

Located at Hinesburg Community School.

Saturday, February 11, 2012 from 9:00 am to 2:00 pm.

Start out your morning at the
Hinesburg Nursery School Waffle Breakfast & Silent Auction,
located in the HCS Cafeteria from 8:00-11:00 am.

Enjoy dog sled rides and snowmobile rides, a dog show sponsored by the Burlington Dog Obedience & Training Club, ice skating, broomball, hockey, relay races, open-gym basketball, a snowman building contest, and sliding. Think Snow!

Hinesburg Recreation Department

Located at Town Hall

10632 Route 116

Hinesburg, Vermont 05461

Phone: 482-2281 ext. 230

E-mail: hinesburgrec@gmavt.net

Office Hours: Monday-Thursday

8:00 am - 2:00 pm

Recreation Coordinator - Jennifer McQuin

Recreation Commission

Ratiz Bailey

Michael Bissonette

Tom Giroux

Carrie Harlow

Karen Tronsgard-Scott

Frank Twarog (Chairman)

Winter Fun

Youth Basketball

The youth basketball program emphasizes the basics of the sport, along with teamwork and sportsmanship. This program is open to Kindergarten through sixth graders and is held in the HCS gym. Grades K, 1st and 2nd graders are co-ed and 3rd/4th and 5th/6th have separate girls and boys teams. Grades 3-6 will have one scheduled practice and one game on Saturdays. Games begin the first Saturday in January and continue up to the February break. Grades 3-6 will compete against other town recreation teams for the Champlain Valley Recreation Association. Games will be home and away.

Kindergarten: Sat. 9:15-10:00 am

Grade 1&2 all: Sat. 8:00-9:00 am

Grade 3&4 boys: Sat. 9:45-11:00 am and Wed. 6:30-8:00 pm.

Grade 3&4 girls: Sat. 11:00 am -12:15 pm and Tues. evening 6:30-8:00 pm.

Grade 5&6 girls: Sat. 2:45-4:00 pm & Thurs. evening 6:30-8:00.

Grade 5&6 boys: Sat. 12:15-1:30 pm & Mon. evening 6:30-8:00 pm.

DATES: Dec. 3 - Feb. 5 for K-2nd grade and Dec. 4 - Feb 19 for 3rd-6th grade.

No Basketball on Saturday, February 12 for Annual Winter Carnival.

FEE: Register by 11/25 and pay \$30.00. After 11/25 cost is \$40.00.

*Practice times are subject to change due to coaches' schedules. If there are changes, you will be notified via e-mail.

***Volunteers are needed for coaches. If you interested, please contact Jennifer McCuin at the Rec. Dept. at 482-2281 ext. 230 or by e-mail at hinesburgrec@gmavt.net or indicate on your child's registration form.**

Adult Basketball

Adult pick-up basketball continues at the Hinesburg Community School gym. Please fill out a registration/waiver form before you attend that includes an e-mail address. Please note that school functions have priority and that cancellations may occur. If you would like confirmation, please contact the Rec. Dept.

Where: Hinesburg Community School Gym

When: Wednesdays (Under 30 yrs.) Thursdays (Over 30 yrs.) Gym time runs through 5/31/12.

Time: 8:00-9:30 pm

Cost: FREE

Please register through the Rec. Dept. Questions/suggestions? Call 482-2281 ext. 230 or e-mail hinesburgrec@gmavt.net. Thanks!

Smuggler's Notch Discounted Lift Tickets

Skiing and riding can be affordable! Enjoy full-day, discounted lift tickets, ski or snowboard rentals and lessons at Smuggler's Notch Resort on five different Sundays in January, February, and March.

Youth (Age 6-17) Lift Ticket \$20, Rental \$20, Lesson \$20. Five years and younger ski FREE.

Adult Lift Ticket \$25. Rental \$25. Lesson \$25. Helmet rental \$8.

Checks are payable to HRD.

When: Sundays - Jan. 29, Feb. 5, 12, March 4 & 11.

How: Register and pay through HRD by noon on Thursday for each Sunday. Complete a rental form and/or a waiver for a lesson. Forms are available at the Rec. Dept. or can be e-mailed to you. Meet group leader to pick up tickets between 8:30-9:30 in the Bella Rigo Pizzeria, in the Village Lodge, which is on the first floor. Look for "Hinesburg Recreation" sign. No exceptions on pick-up time. Lesson time is 1:00 pm, unless otherwise noted. Children must be at least 6 years old for a lesson through this program. Please contact the Rec. Dept. at 482-2281 ext. 230 or at hinesburgrec@gmavt.net with any questions. **THINK SNOW.**

Hinesburg Residents receive priority for this program.

Non-resident participation available only if there is space available.

Winter Carnival is February 11th. Are you or your organization interested in being involved? Contact hinesburgrec@gmavt.net for information or ideas.

Hinesburg Ice Rink

Behind the Hinesburg Community School is home to a great winter resource. Please follow our rink rules and enjoy the ice. Recreation skating is available all times except for the following Hockey Schedule:

HOCKEY ONLY: WEDNESDAYS & FRIDAYS from 3-10 pm & SUNDAYS 4-10 pm

Please note that these times are valid unless there are more skaters than players.

RINK RULES

1. Please don't drive on the ice. Only those doing maintenance work are permitted.
2. Please be respectful of all age groups when skating at "open" times.
3. Please turn off the lights when you leave at night. They are programmed to shut off at 10:00 pm, but we can save electricity if you turn them off earlier.
4. Please stay off the ice when it's soft or it will be ruined when it refreezes. **THIS IS VERY IMPORTANT!**

Hinesburg Recreation After School Enrichment Programs Winter 2011-12 at HCS

This program is designed for Hinesburg children, regardless of where they attend school. All registration and payment is through the Recreation Dept. Programming questions can be directed to the Recreation Dept. at Town Hall at 482-2281 ext. 230 or at hinesburgrec@gmavt.net. Prompt pick-up is appreciated at the end of each class. The HCS office has a copy of a roster at the beginning of each enrichment class. Classes are not held when school is cancelled, on half days, or vacations. There are limited scholarship funds available. Payment, unless otherwise noted, is to HRD. Classes are on a first-come, first served basis. You will be considered registered once a registration form and payment is received. Please contact the Recreation Department if you have questions, if you want to check on the availability, or if you have a suggestion for a class. Helping our kids grow, learn, and have fun is what Recreation is all about!

Hinesburg Children's Choir

After a successful beginning, the Hinesburg Children's Choir continues for the next half of the school year. For students who wish to sing, receive vocal training based on Kodaly concepts, singing in tune, using "head voice", the upper register, harmony, breathing, tone quality, enunciation, sight singing, reading music, solfege, and music theory. Repertoire will include traditional American literature and folk songs, children's songs by classic composers, jazz, ethnic music from around the world and contemporary music. A white shirt and black pants are needed for concerts and a willingness to focus and learn. Directed by Andrea Baldwin Haulenbeek who has a BS & MA in music education, taught for 30 years in public schools, is a professional pianist, composer/arranger, organist, and piano teacher, along with running the family farm.

Who: 3rd and 4th graders

When: Mondays, starting 1/9/12 through 5/21/12.

Where: Jenny Cianciola's Music Room at HCS.

Time: 2:45-3:30 pm **Cost:** \$30
Please register with Rec. Dept. - 482-2281 ext. 230 or hinesburgrec@gmavt.net

Arts and Crafts After School with Chris Billis

Learn the art of silk screening to create your own limited-edition creation by designing, cutting, and screening your own image onto a t-shirt, jean jacket, or other garment, old or new. Create a "plushie" or "stuffie" animal or friend out of various materials. Try some wearable art with t-shirt alteration where you can snip, embellish, appliqué, embroider and fringe. Try some t-shirt bleaching with printing options. Create custom gift cards with stamps and paints. Let the creativity flow as you create custom attire or gifts.

Who: 1st-8th graders

Where: Art Room at HCS

When: Fridays - Jan. 13, 20, 27, February 3, 10, 17, 24, March 9, 16, and 23.

Time: 2:45-4:15 pm

Cost: \$155

Maximum: 15

Register and pay through Rec. Dept. at 482-2281 ext. 230 or hinesburgrec@gmavt.net.

Holiday Cookie and Container Decorating

Kids will join Wendy Frink of Blackberry Hill Bakery for this creative cookie and container decorating extravaganza. In addition to the cookie decorating, kids will have the opportunity to personalize their own holiday container that will house their cookie creations. Kids can count on bringing home personally decorated cookies in a custom-made container. What a fun and creative way to spend an afternoon and get into the holiday spirit!

When: Friday, Dec. 16th

Where: Living Arts Room at HCS

Time: 2:45-3:45 **Cost:** \$12 **Maximum:** 15

Please register early, this will fill up fast!

Holiday Horseback Riding at Livery Stables

Come spend the afternoon with the horses and ponies at Livery Stables - you'll ride, learn horse care and maintenance. Decorate your favorite pony's mane and stall with holiday decor. Choose one, two or three of the dates below for this pre-holiday option.

Who: K-8

When: Dec. 19, 20, or 21

Time: 3:15-5:15 - Students can take Bus H from HCS.

Where: Livery Stables

Cost: \$30 per day

Maximum: 8

Please register and pay through the Rec. Dept. at 482-2281 ext. 230 or hinesburgrec@gmavt.net.

Piano Lessons

Group piano lessons taught by longtime music and piano teachers right in Hinesburg. It is recommended that students have a keyboard, piano or access to either to practice in addition to lessons.

Who: 2nd-8th graders

Where: HCS Piano Lab

When: Tuesdays (afternoon option), Wednesdays (morning option) or Thursdays (afternoon option).

Lessons begin the first week of January and go through May with a recital to conclude the semester/year.

Time: 7:30-8:00 am or 4:15-5:00 pm

Cost: \$16/lesson. Checks are payable to HRD.

Maximum: 2 students per 30 minute lesson and 3 students per 45 minute lesson.

For questions or to register please contact the Rec. Dept. at 482-2281 ext. 230 or hinesburgrec@gmavt.net.

More Recreation...

14th Annual Turkey Lane Trot 3rd Annual Louise Roomet Memorial Walk Sunday, November 27th, 2011

Registration begins at 12:30 pm. Walkers start at 12:45 pm & runners start at 1:00 pm. Race begins at the intersection of Turkey Ln. and Lewis Creek Rd. No rain date. Run or walk this 4.25 mile route to benefit the Hinesburg Land Trust. Donation to HLT: \$15 per individual, \$20 per couple, or \$25 per family. Men and Women age groups are: 15 yrs and younger, 16-29, 30-39, 40-49, 50-59, and 60 yrs and up. Fastest Man/Woman for each class. Walkers, walkers with dogs, and runners are welcome. You may pre-register at www.hinesburglandtrust.org or mail to HLT, P.O. Box 137, Hinesburg, VT 05461.

Ski Vermont 5th Grade Passport

If you're a 5th grader, don't forget about the great opportunity to ski FREE at 19 different alpine ski areas and 23 nordic ski areas in Vermont. Passports are valid Dec. 1 - May 1. Passport holders receive a booklet containing coupons for free alpine lift tickets or cross country trail passes at each participating resort. Passport holders need to be accompanied by an adult purchasing a full price lift ticket or trail pass and each adult may bring up to two Passport holders. Passport coupons are not valid with any other discounts. There is a \$10 administration and processing fee...after that, it's all free. Pick up a brochure with an application at the Rec. Dept., or have one e-mailed to you or visit www.skivermont.com. Don't miss out on free skiing!

Family Play Group at Town Hall Wednesdays 10:00-11:30 am

For children birth to 5 years and their adult companion. Toys, snacks, activities, and a song. FREE and FUN! Start recreation early, connect with other parents in the community and create childhood friendships. No registration is necessary - just come ready to play. For questions, please contact Brandy Thorpe at 989-5162 or Francesca Arnoldy 578-2458.

Valentine Cookie Decorating

Join Wendy Frink of Blackberry Hill Bakery for this popular after-school cookie decorating class. Each student will decorate heart shaped cookies using various frosting tip techniques in assorted colors, along with colored pariels. After decorating their cookies, students will create a plate and cellophane wrapped package. A wonderful opportunity to create home-baked and custom decorated cookies.

Who: 1st-8th graders **Where:** Living Arts Room
When: Friday, February 10th **Time:** 2:45-3:45
Cost: \$12 **Maximum:** 15 students
Please register through the Rec. Dept. - 482-2281 ext. 230 or hinesburgrec@gmavt.net

Swim Lessons at the Sports & Fitness Edge in Williston

Winter Session - Session I is January 2nd - February 11th
Session II is February 13th - March 24th
6 Week Sessions

Hinesburg Residents pay \$75 per session
Sorry, no make-up classes are offered.

Choose one class and attend class for 6 weeks.

First Splash - Sat. 10:00-10:30 am

Preschool - Tues or Thurs 10-10:30 am or Sat. 10:30-11:00 or 11:00-11:30 am.

Preschool 2 - Thurs 10:30-11 am

Preschool 3 - Tues 10:30-11 am

Level 1 - Mon, Wed, or Thurs 5:05-5:35 pm, Sat. 9-9:30 am

Level 2 - Mon, Wed, or Thurs 5:35-6:05 pm or Sat. 9:30-10:00 am

Level 3 - Mon, Wed or Thurs 4:05-4:35 pm or Sat 10:00-10:30 am

Level 4 - Mon, Wed, or Thurs 4:35-5:05 pm or Sat 8:30-9:00 am

To register, please contact Melinda Antonucci at Sports & Fitness Edge at melindaa@edgevt.com or www.edgevt.com

Pre-School Dance with Miss Jeanne

Dance with Miss Jeanne on Friday mornings. A class for pre-schoolers full of music, movement, interaction, and flair. Jeanne offers the basics of ballet, tap, gymnastics, and creative movement. Music, songs, a fluttering wristband and mats for tumbling. Jeanne will work with students toward an end of the year recital in May. Don't miss this option that's right here in town.

Who: Ages 3-5 years

When: Fridays, starting January 6th through May 27th.

Time: 10:30-11:30 am

Where: Town Hall

Time: 10:30-11:30 am

Cost: \$40 per month. Checks are payable to HRD. Please register with Rec. Dept. at 482-2281 ext. 230.

Little Strikers Soccer with Coach Malcom

The Little Strikers Soccer program is designed with the idea that children naturally want to have fun. What's more natural and fun than running around with a ball at your feet? Coach Malcom offers age appropriate games for pre-schoolers that allows them to enjoy the game and learn basic skills, but without any pressure on winning or competition. For this indoor option, children should plan to wear sneakers, not cleats. At the end of the session, there will be a medal presented for each participant to celebrate their success.

Who: 3 to 5 years old

Where: Hinesburg Town Hall

When: Tuesdays

Session 1 - January 17, 24, 31, February 14 and 21.

Session 2 - March 13, 20, 27, April 3, 10, and 17.

Time: 10:00-11:00 am

Maximum: 10 children per session.

Cost: Session 1 - \$55.00 (5 classes) Session 2 - \$65 (6 classes) Register with Hinesburg Recreation - 482-2281 ext. 230 or hinesburgrec@gmavt.net

Indoor Recreation

Fitness Class for Mind/Body Health with Lee Hulsebos

Exercise and strengthen core muscles that support the spine. Increase flexibility and balance tension areas with simple yoga, strength training, stretch and relaxation. Ages 15 years and older. Any fitness level welcome. Not geared toward active injuries.

When: Six week sessions starting the first week of Jan. This is an on-going class and you may join anytime.

Time: Choose from Mondays and Wednesdays from 5:30-6:30 pm and/or Fridays 8:30-9:30 am.

Where: Town Hall **Cost:** \$12 per class

Please register through the Rec. Dept. Checks are payable to Lee Hulsebos. Thanks.

Family Swim at the Sports and Fitness Edge

Feel the need for some warmth and water and not headed south anytime soon? Bring your family to swim at the Sports and Fitness Edge, located at 10 Wellness Drive in Williston. Come swim and play with your family in a heated indoor pool during the cold months of winter.

Who: Hinesburg residents

When: Sundays - January 29, February 26, and March 25, 2012.

Time: 1:00-5:00 pm.

Cost: \$15 for a family of 4 or \$3.75 each.

Please contact the Rec. Dept. at 482-2281 ext. 230 or hinesburgrec@gmavt.net to register for this program. A roster is sent to SFE by noon on Thursday.

ZUMBA

ZUMBA is a fusion of Latin and International music with dance themes that create a dynamic, exciting, effective fitness system. The routines feature aerobic and fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. ZUMBA utilizes the principals of fitness with interval and resistance training to maximize caloric output. Bottom line... great workout with great music - spice up your winter and keep moving!!

When: Thursdays - starting January 5 through June 30.

Where: Town Hall

Time: 6:45-7:45 pm **Cost:** \$10 per class.

To register, please contact the Rec. Dept. at 482-4691 or at hinesburgrec@gmavt.net.

Adult Volleyball

Co-ed adult volleyball. Plenty of games and opportunity. A minimum of intermediate skill level, please.

Where: CVU Gym

When: Sundays, starting Nov. 5, 2011 through May 6, 2012.

Time: 6:00-8:00 pm

To sign up, please register with the Rec. Dept. at 482-2281 ext. 230 or hinesburgrec@gmavt.net. Kristi Johnson is also a contact coordinator for this program - 482-3366 or kristijohnson@gmavt.net.

AARP Driver Safety Class

Students learn defensive driving techniques, new traffic laws, and rules of the road. Through interacting with one another, they find out how to safely adjust to their driving to compensate for age-related changes in vision, hearing, and reaction time. There are no tests...just supportive information. Many insurance companies offer discounted premiums upon completion of this course. For questions, or to register, contact the Rec. Dept. at 482-2281 ext. 230.

Who: 50 years and older

Where: 1st floor conference room at Town Hall

When: April 3, 2012 Time: 10:00 am to 3:00 pm.

Cost: AARP members pay \$12 and non-members pay \$14. Checks are payable to AARP.

How many cups of coffee
can you get for the price
of a pack of cigarettes?

QUIT TODAY & FIND OUT.

1-800-QUIT-NOW - VTQuitNetwork.org

Brought to you by the Vermont Department of Health

Driver Education with Kevin Browne

Kevin Browne offers this essential class for students pursuing their driver's license. This is for those who already possess their permit. Classroom instruction will take place in the Town Hall. Driving time will be scheduled outside of classroom hours. Kevin provides the option to test for the driving exam. He can be contacted to arrange for the exam once the student is eligible. To register, please contact the Rec. Dept at 482-2281 ext. 230 or hinesburgrec@gmavt.net.

Where: Town Hall

When: March 12 through April 12 - Mondays, Wednesdays & Thursdays. 5 weeks.

Time: 4:00-6:00 pm

Cost: \$650

Please make checks payable to Kevin Browne. Payment and registration form is due by 2/10/12 at Rec. Dept.

Please note that students may ride a bus from CVU upon dismissal that will drop them in front of Hinesburg Town Hall at 10632 Route 116.

Come to the
Hinesburg Farmer's
Market
Dec. 17th,
9:00-1:00
At Town Hall.



Hinesburg Recreation Dept.
10632 Route 116
Hinesburg, VT 05461

Pre-Sorted Standard
U.S. Postage Paid
Hinesburg, Vermont
Permit No. 12

CARRIER ROUTE PRESORT POSTAL CUSTOMER

REGISTRATION GUIDELINES

1. Registration takes place at least one week prior to the beginning of each program. Some programs require an earlier registration date.
2. Registration is on a first-come, first-served basis. Early registrations are encouraged. Late fees may be applied for youth sports after registration deadline.
3. A resident is defined as a person who resides in or pays taxes in the town of Hinesburg. Non-residents add \$5.00 to any registration fee.
4. Refunds will be given with one week's notice prior to the start of any program. No refunds will be given after the start of any program.
5. Full refunds will be given for any programs cancelled by the Recreation Department. The Department reserves the right to cancel any program for lack of minimum enrollment.
6. Please note in program description if fee is payable to Recreation Department or instructor.
7. All participants must complete and sign a registration form prior to participation in any program.
8. All participants will be accommodated to the best of our ability. Some scholarships are available upon request.
9. Sorry, we cannot accept phone registrations. For those programs requiring a fee, you will be considered registered when the registration form and payment is received by the Recreation Office. You will not receive confirmation. **It is your responsibility to remember when the program begins!**

HINESBURG RECREATION REGISTRATION FORM

Name: _____ M/F Grade: _____ Activity: _____ Fee: _____

Name: _____ M/F Grade: _____ Activity: _____ Fee: _____

Parent/Guardian Name & Address: _____

Phone: _____ T-shirt Size: YM YL AS AM AL AXL (circle one)

E Mail: _____

Special Needs (if applicable): _____

Emergency Contact & Phone (if different from above): _____

Waiver Agreement: I understand injuries are a possibility as a result of this activity. I agree to hold harmless the Town of Hinesburg, the Recreation Department or any volunteers or instructors from any and all liability from any injury, claims, costs or loss of services which may be incurred by participation in said programs, activities, or events. Permission is hereby granted for my child/participant to receive emergency treatment if needed. I also understand that my own medical and/or disability insurance will be used in the event of injury or that I will be directly responsible for any medical costs incurred.

Signature: _____ Date: _____
Parent or Guardian